

BOAT SHOW – Take Control

This year's annual Chamber of Commerce Southampton Boat Show lunch provided the platform for another inspirational speaker to "take control".

Penny Mallory has developed a nine-stage concept she calls "Take Control" to enable people to overcome the negative voices in their heads that prevent them from succeeding. Penny shared this together with an insight into her past with those present at the event.

Penny previously drove rally cars for 12 years, including being the driver of the iconic Renault Clio adverts in which she drove as both Papa and Nicole. She went on to become a presenter of a TV show about cars, which at the beginning out performed even Top Gear. Penny is now a motivational speaker who speaks at award ceremonies and as an after dinner speaker. She has also branched out to be a performance business coach, for both groups and individuals

Those attending the Chamber of Commerce's prestigious Boat Show annual lunch were entertained by Penny's sense of humour whilst sharing her tips to achieve success. After the lunch a raffle was held with prizes donated from local businesses. In total £1435 was raised for Barnardo's, the charity chosen by Penny.

Penny said that,

"It was a real honour for me to be asked to speak at this year's Chamber lunch. Success is a journey and you could not be better placed than in the transport hub of Southampton to embark on this. There are so many opportunities available to members of the Chamber of Commerce, whichever route they choose to travel. Success breeds success but you still learn every day".

Captain Jimmy Chestnutt, Director General of the Southampton and Fareham Chamber of Commerce said that,

"I have had the privilege of sitting next to some outstanding guest speakers and Penny Mallory is no exception. She joins the list that includes the inspirational Geoff Holt, who has faced adversity and challenged limits to be the first disabled person to sail single-handed around Great Britain; Neil McGregor, who tangled with crocodiles whilst tracing the source of the Nile and Rhys Jones, who broke the world record to become the youngest person to climb the highest peak on every Continent on the Earth, reaching the summit of Everest on his 20th birthday. With this quality of speaker the Chamber of Commerce's Boat Show lunch has become an event not to be missed".

Notes to Editors

Penny Mallory and previous speakers Rhys Jones and Geoff Holt have all been introduced to the Chamber of Commerce through Speech-Mark's extensive portfolio of inspirational speakers.

The lunch was sponsored by Platinum Patrons, Condor Office Solutions and was held at the De Vere Grand Harbour Hotel.

The Chamber of Commerce thanked Peter Court and the team at Hampshire Press, Gold Patrons of the Chamber of Commerce, for their sponsorship of the lunch through their designing and printing of all the high quality corporate literature associated with the day.

Thanks were also given to Barry Mann Photography who took pictures during the event
– more pictures are available on request.