

First Aid Appointed Person

WHO SHOULD ATTEND?

Every employer must provide, as a minimum, an "Appointed Person" to take charge at the scene should an accident happen at work. Larger firms should consider training several staff. This course is suitable for anyone with no first aid experience or as a refresher course.

WHAT WILL YOU LEARN?

This course will train in both theoretical and practical aspects of First Aid, to the standard recommended by the Health & Safety Executive.

COURSE CONTENT

- ✓ Introduction to First Aid
- ✓ The respiratory system
- ✓ Clearing an obstructed airway
- ✓ Resuscitation
- ✓ Wounds and bleeding
- ✓ Shock
- ✓ First Aid Equipment and the recording of accidents

TRAINER

Anne Denton of R & A Training is our trainer for our First Aid Appointed Person courses. She is a qualified teacher and an experienced first aider with a wealth of knowledge. Anne has been teaching first aid for over 20 years to a variety of different groups as well as on First Aid in the workplace courses.

COURSE INFORMATION

Venue: Chamber of Commerce, 53 Bugle Street, Southampton
Duration: 9.15am - 4.30pm

Lunch and course materials provided including First Aid at Work book

RELATED COURSES

Health & Safety at Work for Managers & Supervisors
Risk Assessment Practical Workshops
